

WHO AM I?

*Every week mark off some new ones...
and read again those already marked off.*

- I am great, I am powerful and I am beautiful.
- I am smart and full of good ideas.
- I am creative, unique and important.
- I will do the best I can and will pat myself on the back.
- I am proud of my achievements.
- I enjoy making music.
- I focus on the positive and attract only good things to myself.
- I can do anything I set my mind to.
- I believe in me, but I am not afraid to ask for help.
- My dreams are coming true.
- I deserve good things because I am unique and special.
- I am blessed and I am truthful.
- I am grateful for all the good in my life.
- I am safe and there are good people around me.
- Every problem has an answer, so I am also a good listener.
- Good things will happen to me.
- My glass of water will always be half full.
- I love myself totally and completely.
- I like my thoughts and listen to my heart.
- God within me is my power.
- I choose how I feel by the way I think and talk.
- I am friendly and kind to others.
- I am my best friend and I have great ideas.